

JENNIFER VAN WYCK, MA RCC CCC

EDUCATION:

Adler School of Professional Psychology, Vancouver B.C. 2010 Graduation

Masters of Counselling Psychology - Valedictorian

- Thesis topic –*Developing a theory of how quantum physics relates to psychotherapy*

Simon Fraser University, Burnaby B.C. 2006 Graduation

Bachelor of Arts –Psychology

- Graduated in the top five percent of my class

Family and Couples Institute of Vancouver, Vancouver B.C. March 2009

- Have completed Externship in Emotion Focused Therapy, as well as the eight-month course of Advanced Core Skills Training issued by the Vancouver couple and Family Institute.

WORKSHOPS AND CERTIFICATES:

- Certified Canadian Counsellor, certification number: 6624
- Registered Clinical Counsellor certification number: 6410
- Have completed Camp Coordination and Management training, certified by the International Organisation for Migration (IOM) and the United Nations.
- Crisis Intervention Training through Vancouver Crisis Centre
- Certificate in conflict resolution and mediation issued by the Center for Peacemaking and Conflict Studies
- Suicide Risk assessment through S.A.F.E.R.
- Healing Touch Level 3

CURRENT POSITIONS:

Alyson Jones & Associates, West Vancouver, BC Jan 2012- Present

Psychotherapist

- Specialize in working with people who experience Depression, Anxiety and who suffer from Post Traumatic Stress Disorder (PTSD). My focus is on empowering the client to take control of their own lives for their maximum benefit and enjoyment.
- Work on the Divorce and Separation Team where we assist families to go through the divorce process in a way that is most productive and conducive for the children. Conduct Conflict Resolution and Mediation. I am also training in Collaborative Law.
- Collaborate with other professionals, such as lawyers and healthcare providers to give clients integrated support to maximize their growth.
- Assist clients going through struggles, life transitions or those interested in maximizing their growth and potential of already enjoyable lives.

Adler School of Professional Psychology, Vancouver, BC Jan 2012-Present

Training Coordinator

- Interviewed students to match their interests with appropriate practicum sites.
- Create and maintain positive collaborative relationships with existing and potential practicum sites.
- Support the student as they undergo their practicum, in some cases provide mediation and conflict resolution between the student and the sites.

Cameray Child and Family Services, Burnaby BC

May 2009- Nov 2010, Jan 2012-Present

Parent Support Worker/Counsellor

- Develop, implement, and lead groups on parenting for those who have children that are five years or younger, which support parents in developing new more effective ways of parenting as well as ways they can enhance self care.
- Model effective parenting techniques, and create and implement activities where parents can positively interact with their children.

RELEVANT EXPERIENCE:

Phoenix Vision Society, Port au Prince, Haiti

Nov 2010- Dec 2011

Psycho-Social Coordinator- Haiti Division

- Was part of the original board of members that created Phoenix Vision Society. Currently I am on the board and the only member/expat that resides in Haiti.
- Have created, implemented and now supervise a psycho-social program in three Internally Displaced Persons (IDP) camps. This involves one to one counseling through the use of an interpreter, as well as 6 closed psychotherapy groups for women, men, children, orphans, teenagers, and aide workers.
- Have trained 30 facilitators to lead psycho educational groups on PTSD, trauma, grief and stress. Supervise the facilitators and work with local camp leaders in integrating these programs into the IDP camps.
- Mediated, coordinated and conduct conflict resolution with camp leaders and members within IDP camps and between IDP camps.
- Coordinate with a variety of non government organisations such as the UN, UNICEF, IOM, ACF, Partners in Development, and USAID to provide encompassing care in the three camps that I work in.

J/P Haitian Relief Organization, Petionville, Haiti

Jan 2011- Nov 2011

Psychotherapist

- Provide one to one counselling for clients referred by doctors or IDP camp members in a camp of 50,000 people. Mainly dealing with cases of rape, assault, PTSD, and sever anxiety.
- Created an internship program between J/P HRO and the University of Haiti where I supervise 5-7 psychology students, after providing 1 month of training to assess and augment their skills.
- Lead 3 closed groups, create and organize community prevention programs that focus on issues regarding domestic violence, rape, PTSD, and parenting.
- Provide support in identifying families ready to relocate, as well as support the family through the relocation process.

Pender Community Clinic, Vancouver, BC

Aug 2009- June 2010

Counsellor (Practicum student)

- Provided one to one counselling for clients in a drop in format or with scheduled appointments, and provided crisis intervention as well as long term counselling (6 sessions or more).
- Advocated on behalf of the client for getting into treatment sights, recovery homes, or for financial assistance.
- Facilitated support groups that addresses the interconnectedness of addiction and PTSD.
- Co- facilitated groups for clients in the second phase of a methadone maintenance program.

St Paul's Reproductive Health, Vancouver, BC

Aug 2009- June 2010

Counsellor (Practicum student)

- Counseled couples and women who have been diagnosed with postpartum depression or anxiety.
- Co-facilitated and develop curriculum for short-term groups (four weeks long) on various topics ranging from grief to self-esteem.
- Received one hour of supervision for every four hours of client time.

Dr. Peter Centre, Vancouver BC

Jan 2008- Sept 08

Complimentary Therapies Practitioner (Volunteer)

- I gave 40 min healing touch treatments on clients of the Dr. Peter Centre.
- I worked on people with AIDS as well as intravenous drug users mostly on a one to one basis.
- I focused mostly on reducing stress, pain management, and creating a safe environment where they were given the opportunity to heal themselves both mentally and physically.

PROFFESIONAL INTERESTS:

My professional interests all stem from the universal goal of empowering people to take control over their lives and thus reach their fullest potential for learning and happiness. The goal of empowerment however, is at the stem of almost every human struggle, and therefore I enjoy assisting clients at every stage of their development as well as towards a variety of goals. My experience lies mainly in treating people with trauma or post-traumatic stress disorder, although this is often accompanied by issues of anxiety and depression as well as interpersonal struggles especially with intimate relationships. I have done extra training in conflict resolution, couples counseling and mediation to assist in these issues. Additionally I have extensive training in parenting and have worked with parents individually as well as lead a number of workshops to support parents through the parenting process. I have also lead groups on anger management, stress management and a variety of other topics. I enjoy working with individuals and couples and I especially enjoy working with groups. My interest in quantum physics (re: my thesis) stems from my conception that everything is interconnected, and our thoughts and emotions are powerful agents of change. Therefore I enjoy psychotherapy as a way to affect change in all areas of life.

For more information on me and the work that I do please visit my website at www.vanwyckconsulting.com